

CynoSure Elite + FAQs

How does laser hair removal work?

Laser hair removal works by passing a light beam through the unwanted hair area which is then absorbed by melanin (colour within the hair). This generates heat, which damages the blood supply feeding the hair and disabling the hair forming cells. If the hair follicle does not contain any pigment, the laser will not target it. In other words, if hair is grey, white, blonde or red, laser hair removal will be ineffective.

Does it hurt?

We use the CynoSure Elite + system which is considered the gold standard in laser technology. The laser uses cooling technology which works before, during and after each pulse to ensure high comfort for all laser hair removal treatments.

Is laser hair removal safe for my skin?

Yes, the CynoSure Elite + combines a high-power 755nm Alexandrite laser and CynoSure's proven long-pulse 1064nm Nd-YAG laser for safe, effective high-volume hair removal on all skin types.

How many treatments would I need?

Most laser hair removal patients are advised to undergo at least 6 treatment sessions, spaced apart every 6-12 weeks to target follicles during the growing stage. With CynoSure Elite + technology, virtually every patient – no matter their skin or hair type – can achieve long lasting removal results for unwanted hair.

What are the benefits of laser hair removal?

Laser hair removal has many benefits. Not only will you avoid having to deal with painful tweezing, waxing or cuts from shaving, but you can rest assured that once your laser hair removal treatments are complete, you will also save an incredible amount of time not having to worry about hair removal ever again.

Clients who suffer from ingrown hair or skin discolouration related to coarse hair, will also be happy to know that one of the most effective ways to target concerns is laser hair removal.

Do I need a skin patch test?

Yes, once your practitioner has deemed you the right candidate for laser hair removal you will be required by UK law to have a patch test. This is a few shots of the laser in the area to be treated. You will then need to wait 24-48 hours to have the full procedure

What is the downtime?

There is no downtime with this treatment.

What should I do before my treatment?

Don't wax or pluck the hair in the treatment area for at least 4 weeks prior to treatment. No sun exposure, fake tan or sunbeds for 4 weeks prior to treatment. Do not use retinols, AHAs or any active ingredients at least 3 days prior to your treatment.

What should I do after my treatment?

Avoid sun exposure and if this is impossible wear a factor 50 sunblock. Avoid excessive exercise for 24 hours following your treatment. Avoid hot baths, hot showers or hot tubs for 48 hours post treatment. Avoid use of retinols, AHAs or any active ingredients for 3 days post treatment. If any changes occur you're not sure of please contact the clinic.